

equestrian

October 2019

# Lifestyle



Beezie Madden and Breitling LS, winners of the 2018 \$136,300 Longines FEI Jumping World Cup™ Washington for the President's Cup.

landmarks, one that we highly recommend is the Smithsonian Institute. The Smithsonian Institution encompasses 17 museums, galleries, and a zoo. Explore and learn about everything from the origins of man and the future of flight to the history of art across multiple continents with more than 150 million objects, works of art, and specimens to discover. The National Portrait Gallery with its spectacular glass-ceilinged Robert and Arlene Kogod Courtyard is right across the street from the Capital One Arena.

For those looking to get in a few laughs this trip, we have the event for you! The Bentzen Ball is a comedy festival curated by Tig Notaro and produced by Brightest Young Things taking place from October 24-27, right during WIHS! This year marks 10 years of Bentzen Ball, celebrating a decade of comedy and friendship, with some great old and new performers. Festival shows are hosted at the Entertainment and Sports Arena in Southeast, D.C., and at the Lincoln Theater.

Like any major destination in the world, Washington D.C. is chuck-full of unique restaurants. All-new eatery by restaurateur Ashok Bajaj, Modena, just opened in September, features a highly acclaimed contemporary dining experience. Insiders tip: try any of the Knightsbridge Restaurants, including Sababa or Bindaas if you're a fan of Indian food!

For those looking for American food, we have you covered! St. Anselm isn't your typical American tavern—with unconventional décor and a strong devotion to the pleasures of grilled meats and using simply cooked ingredients, tourists will see this restaurant as a breath of fresh air. While steak is a specialty, Chef Marjorie Meek-Bradley's menu continues to include poultry and fish.

One restaurant that serves the community by providing locally-inspired dishes is Momo-fuku CCDC. The restaurant's fun, modern style is complemented with their revolving menu. Executive Chef Tae Strain and the CCDC team create seasonally focused dishes that have locals and tourists alike coming back to try more! Like much of Washington D.C., with all that's packed into this city, one trip may make many memories, but several trips is the only way you'll get to try all the heavy hitters! 🍴

## TRAVEL

# Horses in the City

→ in Washington, D.C.

BY LINDSAY BROCK/JUMP MEDIA

As the weather cools and fall settles in downtown Washington, D.C., the concourse at Capital One Arena is most commonly filled with hockey fans and foam fingers. However, for six days in October, it is the place to be for show jumping fans near and far. The Washington International Horse Show (WIHS), presented by MARS EQUESTRIAN, is now in its 61st year and fits into the landscape of the city like no other urban horse show in the world. Just like WIHS is not your everyday horse show, D.C. is like no other city. As horse fans and D.C. locals looking for a one-of-a-kind experience converge at the Capital One Arena, top sport, unmatched entertainment, and much more are on the docket in 2019. The show runs from October 22 to 27.

An equestrian tradition since 1958, WIHS is the country's leading metropolitan indoor horse show and has successfully combined the fanfare of the world's top riders with the attraction of seeing internationally known horses in the heart of the nation's capital. Whether it is the shopping, the atmosphere,

or the competition, there is something for every horse sport fan visiting Washington, D.C.

It may be the nation's capital, with all the history, pomp, and circumstance that goes along with that, but D.C. can also feel like the city next door. When you're done watching the exciting competition at WIHS, there's indulgent shopping, unique entertainment, and world-renowned dining to enjoy.

One place we recommend checking out while visiting is the Wharf. The Wharf re-establishes Washington, D.C. as a waterfront city and destination. This remarkable, mile-long stretch along the Potomac River has come to life with restaurants, retailers, residences, and businesses—all complemented by monumental views and a vibrant culture. Home of the award-winning Anthem concert hall, multiple intimate music venues, a host of local retailers, hotels to fit different budgets, and the nation's oldest operating fish market, The Wharf offers a truly unique D.C. experience.

While in the city, it's great to take advantage of all the museums and historical

WIHS also hosts a Kids Day on the streets of D.C.



## WHAT TO DO

### WASHINGTON INTERNATIONAL HORSE SHOW

For the week of October 22-27, equestrians compete in show jumping fun! [wihs.org](http://wihs.org)

### BENTZEN BALL

Looking for some laughs? The Bentzen Ball comedy show will have you roaring! [bentzenball.com](http://bentzenball.com)

### THE WHARF IN SOUTHWEST D.C.

The mile-long strip on the water features restaurants, shops, and attractions perfect for tourists! [wharfdc.com](http://wharfdc.com)

## WHERE TO STAY

### KIMPTON HOTEL MONACO

Guests are in the midst of greatness when they enter this historic property. Recently revamped rooms and suites boast a welcoming vibe that merges refined with contemporary. [monaco-dc.com](http://monaco-dc.com)

### WHARF INTERCONTINENTAL

This luxurious hotel nestled in the Wharf includes a spa, pool, business center, fitness center, and more. [wharfintercontinentaldc.com](http://wharfintercontinentaldc.com)

### W. WASHINGTON D.C. MARRIOTT

Marriott has guests covered with not only a prime location but all the amenities one might need while traveling! [marriott.com](http://marriott.com)

## WHERE TO EAT

### ST. ANSELM

Looking for somewhere with a mean grill? Here's your place! [stanselmdc.com](http://stanselmdc.com)

### MOMOFUKU CCDC

Though the menu here changes often, foodies can find dishes here ranging from cured hamachi to dry aged beef rib eye! [ccdc.momofuku.com](http://ccdc.momofuku.com)

### MODENA

The latest installment in the Knightsbridge Restaurant Group brings more Indian cuisine for the people of D.C. [knightsbridgerestaurantgroup.com](http://knightsbridgerestaurantgroup.com)

### PICCOLINA DE CENTROLINA

Italian lovers will rejoice as they try anything Chef Amy prepares! [piccolinadc.com](http://piccolinadc.com)